## SCHOOL HEALTH ADVISORY COUNCIL

2015-16 Minutes for 2nd meeting February 15, 2015 5:30 P.M. at Central Services

Members present were: Anna Hornsby, Stacy Loggins, Skip Hadaway, Pam Bradford, Linda Erie, David Blanton, Kurt Anderson, Kim Humphrey, Belinda Hutcheson (co-chair), Marilyn Gentry (co-chair). The meeting was called to order by Marilyn Gentry. The minutes of the November 30, 2015 School Health Advisory Council meeting were reviewed and approved.

Nutritionist Drue Evans from the TDSHS presented a power point explanation about the SPAN Project (School Physical Activity and Nutrition). SPAN monitors the prevalence and trends of school children with overweight and obesity in Texas. SPAN also identifies factors that may be related to obesity.

PGISD will be participating in the SPAN Project this school year. Explanation of the data collection was presented to the principals. PGISD has participated in this project in the past. All data collected for this project is confidential. Data collected is a snapshot of the 2<sup>nd</sup>, 4<sup>th</sup>, 8<sup>th</sup> and 11<sup>th</sup> grade population.

## Health Services Report:

Hand sanitizer is available to the High School per maintenance request Information on Infectious Mononucleosis per link to CDC has been added to the PGISD health services website

Flu activity remains minimal in PG district

Employee health activity: PGISD employees can participate in a regional weight loss challenge titled LightenUpEastTexas

The local ELKS Lodge will be volunteering their time to present their Drug Awareness Program to students at PGISD at a future date Spinal Screenings for 6<sup>th</sup> grade has been completed

## **Nutrition Services:**

David Blanton discussed the updates on the Lunch Program related to Texas Schools

Sharing Baskets will be implemented in order to combat food waste

## PE Report:

The Kids Run The Line Too Marathon is scheduled for February 20th

The next SHAC council will meet in May.

With no further business, the meeting adjourned at 6:15 P.M.